



HAPPY BIRTHDAY

Brunette, Therese-1/24/2025

Cade, Virginia-1/25/2025

Caperton, Helen-1/11/2025

Carlson, Jan-1/27/2025

Rees, John-1/21/2025

Shaffer, Mary-1/22/2025



Quail Haven

January 2025

Special Events

January 9th Sandhills Audiology with Dr. Brittany Brown-CR-1pm

January 23rd Night with Harris Teeter
305 Ivey Ln -4:30

January 29th Breakfast Sizzling Steak & Eggs-9:30am



January 2025
IL Monthly Calendar



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Year's Day 1 1:00 Blood pressure check in Home care 2:00 Book Club-ECB 7:00 Poker-ECB	2 10:00 Sit & Fit-ECB 10:30 Seated Yoga-ECB 10:40 Bookmobile 1:30 Noodle Ball-ECB	3 10:00 Balance-ECB 1:15 Bingo-ECB 6:00 Friday Night at the Movies-LR	4 1:00 Poker-ECB
Living Room-LR Conference Room-CR Dining Room-DR East Community-ECB Bill Lowdermilk -BLB Off Campus -OC	Gospel Channel-101-102 5 1:30 Mexican Train-ECB	6 9:00 Gentlemen's club-DR 10:00 Sit & Fit-ECB 1:30 Corn Hole-ECB 7:00 Ladies Card Night-LR	7 10:00 Sit & Fit-ECB 1:15 Bingo-ECB	8 1:00 Blood pressure check in Home care 7:00 Poker-ECB	9 10:00 Sit & Fit-ECB 10:40 Bookmobile 1:00 Sandhill Audiology with DR. Brittany Brown-CR 1:30 Noodle Ball-ECB	10 10:00 Donuts & coffee-DR 1:15 Bingo-ECB 6:00 Friday Night at the Movies-LR	11 - BlackCreek Gospel Music-LR 1:00 Poker-ECB
	Gospel Channel-101-102 12 1:30 Mexican Train-ECB	13 10:00 Balance-ECB 1:30 Corn Hole-ECB 7:00 Ladies Card Night-LR	14 10:00 Sit & Fit-ECB 1:15 Bingo-ECB	15 9:00 All Residents Meeting with Breakfast-DR 1:00 Blood pressure check in Home care 7:00 Poker-ECB	16 10:30 Sit & Fit-ECB 10:40 Bookmobile 1:30 Noodle Ball-ECB	17 10:00 Balance-ECB 3:00 Meet & Greet-LR 6:00 Friday Night at the Movies-LR	18 1:00 Poker-ECB
	Gospel Channel-101-102 19 1:30 Mexican Train-ECB	Martin Luther King, Jr. Day 20 10:00 Balance-ECB 1:15 Corn Hole-ECB 7:00 Ladies Card Night-LR	21 10:00 Sit & Fit-ECB 1:15 Bingo-ECB	22 1:00 Blood pressure check in Home care 7:00 Poker-ECB	23 10:00 Sit & Fit-ECB 1:30 Noodle Ball-ECB 3:00 Trivia-LR 4:30 Night with Harris Teeter 305 Ivey Ln	24 10:00 Balance-ECB 10:00 Bingo-ECB 6:00 Friday Night at the Movies-LR	25 1:00 Poker-ECB
155 Blake Blvd Pinehurst, NC 28374 (910) 238-3590	Gospel Channel-101-102 26 1:30 Mexican Train-ECB	27 9:00 Gentlemen's club-DR 10:00 Balance-ECB 1:30 Corn Hole-ECB 7:00 Ladies Card Night-LR	28 10:00 Sit & Fit-ECB 10:30 Sit down yoga-ECB 1:15 Bingo-ECB	29 9:00 Breakfast Sizzling Steak & Eggs 1:00 Blood pressure check in Home care 7:00 Poker-ECB	30 10:00 Balance-ECB 10:40 Bookmobile 1:30 Noodle Ball-ECB	31 10:00 Donuts & coffee-DR 1:15 Bingo-ECB 6:00 Friday Night at the Movies-LR	"Activities subject to change. All accurate and current activities will be posted on the TV on the main floor daily"